MAKVÂRKET NEWS December 2019

Welcome to the last Makvärket newsletter this year. We wish you all a beautiful Christmas holiday and are looking forward to share another magic Makvärket year with you all in 2020.

This last newsletter mainly contain updates from Imaginarium in November and from some of the active working groups. There is also a few pictures from life at the factory. If you want to see more

also a few pictures from life at the factory. If you want to see more pictures from the factory you can follow our Instagram account @makvaerket where the factory group share stories from activities and everyday life.

ASSOCIATION NEWS

First of all we would like to share with you that we are now more than 100 members in the Makvärket association. It feel great to know that we are this many people who are feeling connected to Makvärket and who want to take part in or support its future development and existence. Off course we would always like even more people to join in, so please help invite your friends and family to become members.

Imaginarium at Makvärket - many new working groups came alive

In November we had the yearly Imaginarium for all members of Makvärket. This years focus was to get more people engaged in the process of developing Makvärket as a place, a project and as a way to dream, talk and act out alternatives! During the year the plenum group have worked on developing the organisational structures, with more active working groups and with the new membership model. The aim is to make it easier for more people to engage and to create a stronger feeling of ownership and engagement within the community. The Imaginarium this year felt like an inspiring and important step down this road. It was really great to see so many of you there and feel the will to put more love and activity into Makvärket. It was amazing to see how many great ideas was on the table and the amount of active working groups coming out of it.

Before the Imaginarium there was a number of active working groups: plenum, booking, hosting, factory, economy, peoples kitchen, music studio, construction, event equipment, restorative circles and IT. During the Imaginarium a number of new groups formed and some groups that had been inactive for a while got restarted. These include: The little train group, media, fundraising, events, constructed wetland.

During the day all the working groups had time to talk about future projects and make an action plan for the coming year. In this newsletter some of the working groups will give an update on what they are up to at the moment. If you are interested in getting in contact with any of the groups feel free to write to Tannie to get their contacts (tannienyboe@gmail.com)

At the Imaginarium it was suggested that all working group meetings are listed on the webpage calendar. We are trying to think of a good way for the groups to easily add their meetings, and will get back when we have a solution for it. We also encourage all working groups to use the mailing list "makaktivist" to share when and where they are meeting, so it's easier for other members to join. If you are not on the makaktivist mailing list, but would like to be, please also write Tannie.



UPDATE FROM WORKING GROUPS

The factory group

Since our last update in September 2019, Makvärket has been super active and many things have been done. To begin with, we made a new metal platform between the buildings and kept working on the wooden platform and staircase that is almost finished by now, both of them make the glass corridor an astonishing area and it is much easier to walk around. These projects allowed volunteers to develop their skills in different construction techniques working in teams and learning by doing. Besides that, a new elevator system was made to bring wood to fire the dragon in the common area, this was a project full of creativity, design and it is super practical in winter times.

Working on the wooden staircase

Staircase close to being done



For a long while the glass corridor has been missing one last piece of glass to be finished. This was also put in, so the glass part is now officially completely finished.

In the late summer and early autumn we collected apples and made our famous Makvärket apple juice to sell in support of Makvärket.

We organised two events in cooperation with Nature tales. The first one was a support party that took place at Bolsjefabrikken. The second one was a festival here in Makvärket focused on sound experiences, meditation, art and authentic relations. A game was also made for people to get to know the different areas of the factory and its potential for many activities. People loved it. With a lot of inspiration after brainstorming about future projects the garden team prepared the beds to be healthy and ready to grow vegetables the next seasons. Winter is just about to come and there are many sustainable projects in mind. We'll be happy to tell you about them in the next newsletter!



Preparing the garden beds

Getting ready for some juicing!





Update on the Hot tub building process

We started building a outdoor hot tub in February 2019 and after some trouble finding the right copper pipes we finally managed to fire it up for the first time. Now we are planning on how to insulate it, and how to make it look even more beautiful. Soon all friends and guests of Makvärket will be able to enjoy a 40+ degree celsius bath after a day of hard work. Anyone with good ideas for recycled insulation/decorative material is very welcome to contact Hazel or Vincent. Here is a few photos from the work.



Booking Group

A big part of life at Makvärket - and of the local economy - is that we rent out our facilities for events and these can be quite different in nature.

In October, we had a group of 20 students from Krogerup Højskole who were on a small tour of Denmark to various sustainable communities. They were therefore also very interested in being part of the daily life at Makvärket, cooking with the volunteers and taking part in other daily tasks.

At the end of October, we also had a visit from a group of students from the Royal Art Academy who chose to hold their intro tour at Makvärket. They have written this little story from their visit: At the beginning of this year's semester, our class (School of Conceptual and Contextual Practices) was on an intro tour at Makvärket. We walked like a long snake, hand in hand, around the lake blindfolded and in silence to open our senses and experience the surroundings through each other's attention. We wandered around the factory's physical spaces, learned about the structure and history of Makvärket. We looked at stars from the roof terrace, froze a bit in the sleeping bags from a frosty night, and sweated during kickboxing in the circus hall. We took our reading group out of our habitual context and opened up to talks that only occur at the end of an entire uninterrupted day in each others company. Thanks for hosting us <3

In November there was a seminar on Regenerative Agriculture, which is a new network for agricultural practitioners working with smaller, versatile productions with regenerative focus: market gardening, holistic grazing, agro forestry, etc.

Over the coming months, we are renting out for the following events, several of which are open for registration if anyone wishes to attend:

- 10th-12th January: Sensing the winter weekend retreat read more here: <u>https://www.facebook.com/events/2175146772792319/</u>
- 7th-9th February: Nordic Permaculture Meeting 2020
- March 21: "Praktisk Økologi" Annual Meeting 7th to 10th May: "Global Aktion" Activist School

Events group

The events group is trying to book an awesome calendar of performances for 2020. A programme filled with theatre, music and other great stuff. The desire is to have a performance every month probably coinciding with the monthly peoples kitchen. Want to perform? Know a great artist who might? Then please send us details to <u>samsailboatsaylor@gmail.com</u>. Please note, for external event enquiries (ie making your own festival) contact the booking group.

Music studio update

The music studio working group is currently working on turning the smaller room and old kitchen next to the art room into a music studio and rehearsal space. Right now, we are brainstorming ideas how to design the room both architectural and interiorly, regarding insulation and working space. Some of the ideas for the studio consists of creating a sound lab for music therapy, having a studio for music production and a rehearsal space for live rehearsal. The idea is that the space can be used by locals and users of Makvärket, be used as part of an art residency and be rented by musicians and organisations. The space has been cleared out and we are working on funding, architectural drawings and planning to start the building process sometime in the spring. With the project we also hope to contribute to strengthen the music community in the area. We if you want to get involved, contact Ray on phone 22733850.

Peoples kitchen

The first Friday of the month is still a cozy meeting point for big and small from near and far. You are all invited for our next kitchen on the 3rd of January. In February we have some guest cooks from the well established cooking team of Kraftwerket. Kraftwerket is a culture house in Valby, and it is their people kitchen team that we are doing cooking exchange with.

Fundraising

In the fundraising group we decided that we see ourselves as a space for collective working on fundraising more than an actual working group. Therefor we will invite for common working times, where everyone interested in doing fundraising for specific projects or events at Makvärket can meet and support each other. See the invitation for our first fundraising work party further down.

At the moment we are mainly focusing on fundraising for a very big project of creating a room for movement (in the exhibition room on top of the foyer) and a bath house next to it. We are working on making applications for a number of funds, in collaboration with the construction groups and a team, Magnus and Eeva, who are creating the drawings.

UPCOMING PROJECTS AND EVENTS

11th January - Fundraising work space 13-17 o'clock

The fundraising working group invite for a common working times, where everyone interested in doing fundraising for specific projects or events at Makvärket can meet and support each other. So if your working group need money for something, and you would like to sit together with others when writing funding applications, these working times are for you. We meet at 13:00 at the co-working space

12th January - Makvärket brunch

Sunday the 12th of January from 10-12 there will be brunch at Makvärket. The brunch will be vegan and delicious and we'll have sausages, fruits, pies, spreads, bread and more, so let's come together for a cozy Sunday brunch and maybe start a new tradition. Price: 50 kr and half for kids.

1st February 2020 - Next big plenum for everyone active in Makvärket

everyone who is active at Makvärket and/or in one of the working groups is invited to participate in every 4 plenum, where the focus is on broad coordination and talk between groups. In this way we will divide tasks and responsibility, and also make it easier for more people to put energy into parts of the association and the factory. In this way we don't have to wait a full year for another Imaginarium, for us to meet.

REGULAR ACTIVITIES

Our monthly peoples kitchen

The first Friday of the month at 18:00 o'clock Makvärket open its doors for a cozy evening with lots of delicious food, made people's kitchen style. Donation for food: 30-50 dkr. Sometimes there is a small concert, a theatre or a talk after the food, and it is always a great way, to get a feeling of what is happening in the extended community around Makvärket. You are always more than welcome to come early and help making the food or prepare the room. You can stay updated on what is going on at our webpage: https://makvaerket.org or at Facebook.



Monthly peoples kitchen:

- 3rd of January
- 7th of February
- 6th of March



Feministic kickboxing every Tuesday in the circus hall

Last autumn Makvärket got its very own feministic kickboxing club, training every Tuesday from 16:00 to 17:30 o'clock. The club is open for everyone, both people who have never done any boxing before and people who have trained long enough to share some tricks with the rest. But why do we call it feministic kick boxing? - Thats because we want to create a safe and fun space where we can challenge ourselves and each other - Because it should be a space for everyone regardless of genders, bodies and sexuality - Because it's not about being the strongest but about having fun together.



You can join their group on Facebook to stay updated on training times etc. We might cancel some trainings in the summer period so please check our Facebook if you want to join. <u>https://www.facebook.com/groups/2168118363510910/</u>

Makvärket co-working space - "New Year - New Office!

Recently Makvärket opened a co-working space. The space is available for all to use on a daily, weekly or monthly basis and includes all the necessary facilities to get work done - and a bit more. We've tweaked the way the Co-Working space at Makvärket works. For the better we believe! What does that mean?

Previously we had a complicated and, frankly, confusing pricing structure for using the office. That's all changed - it is now much cheaper to use and simpler to understand!

For the future the price for using the co-working space on a monthly basis is 400 kr/month.

If you would just like to use it for a day the suggested donation is 30 kr. The donations for the office can be paid via your Makvärket membership.

If you want to hear more about the co-working space or arrange to see it, write us at coworking@makvaerket.org, call 22555557 or just pop by some day.

That was it for now. Hope you enjoyed the newsletter. Have a great December everyone and see you at Makvärket

Foreningen Makvärket

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